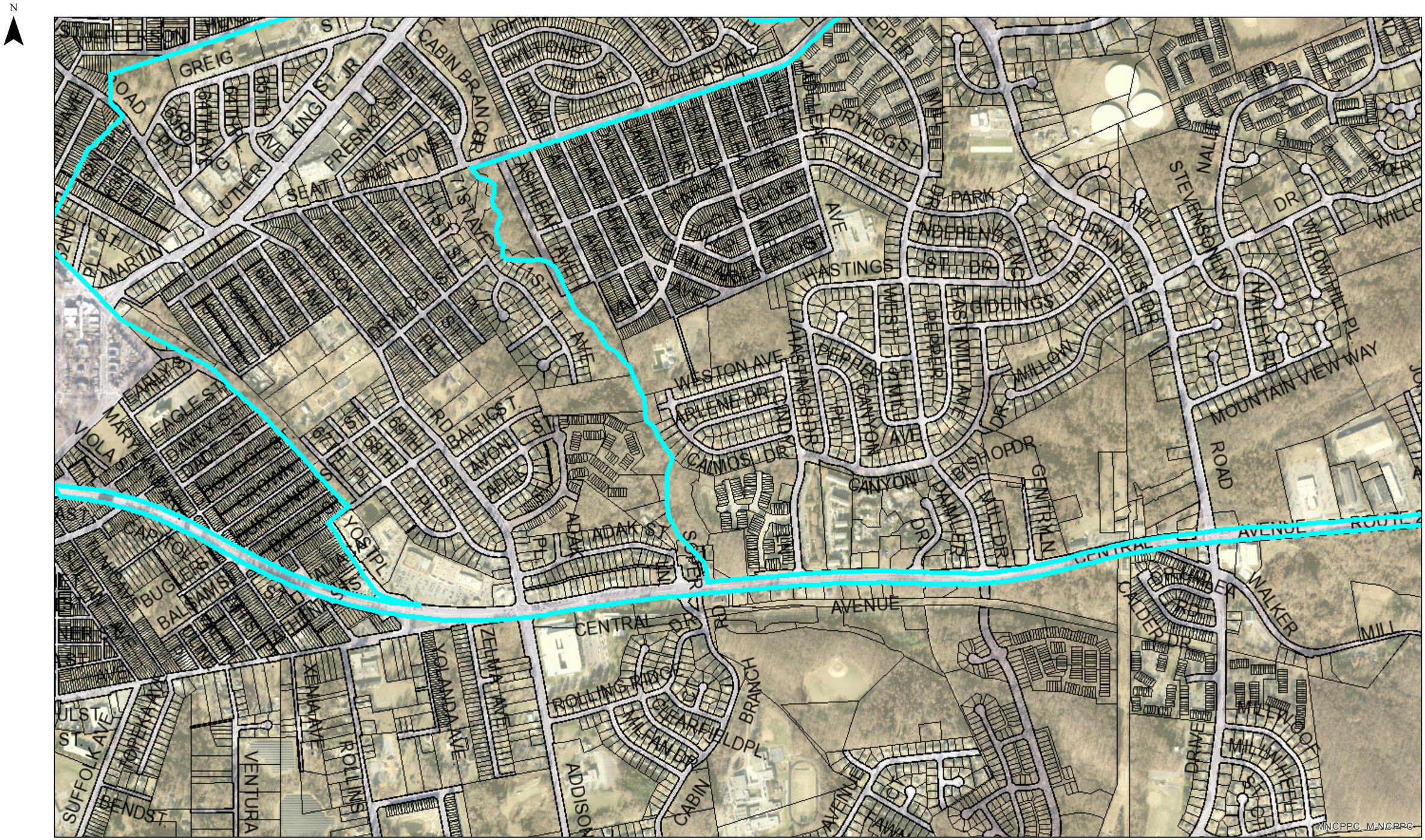Seat Pleasant